



Flowing with Joy, Walking with God.



July 25, 2021 ~ 10:00 am

Pentecost 9

Holy Eucharist Rite II

The Reverend Sarah van Gulden

Priest-in-Charge

Welcome to Trinity Episcopal Church!

At Trinity we celebrate our Episcopal identity and spiritual heritage, through a close-knit faith community, where children are central to our mission, with an equal focus on both worship and outreach.

Please remember to remain seated in your pew except to use the restroom. The ushers will direct you forward for communion and at the end of the service. The *signifies when you may stand as you are able.

Voluntary

Opening Hymn* *O worship the King*

Hymnal 388



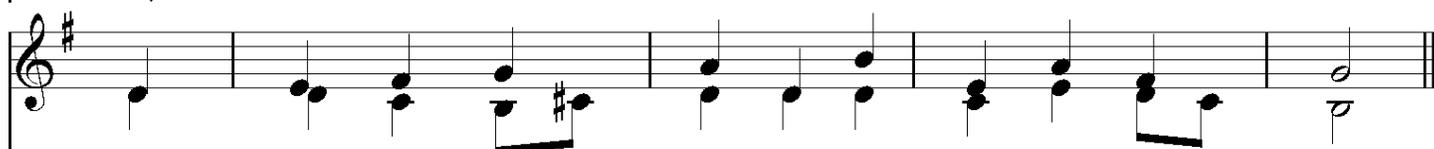
1 O wor - ship the King, all glo - rious a - bove!
2 O tell of his might! O sing of his grace!
3 The earth, with its store of won - ders un - told,
4 Thy boun - ti - ful care, what tongue can re - cite?
5 Frail chil - dren of dust, and fee - ble as frail,



1 O grate - ful - ly sing his power and his love!
2 Whose robe is the light, whose can - o - py space.
3 Al - might - y, thy power hath found - ed of old,
4 It breathes in the air; it shines in the light;
5 in thee do we trust, nor find thee to fail;



1 Our shield and de - fend - er, the An - cient of Days,
2 His char - iots of wrath the deep thun - der - clouds form,
3 hath stab - lished it fast by a change - less de - cree,
4 it streams from the hills, it de - scends to the plain,
5 thy mer - cies, how ten - der! how firm to the end!



1 pa - vil - ioned in splen - dor, and gird - ed with praise.
2 and dark is his path on the wings of the storm.
3 and round it hath cast, like a man - tle, the sea.
4 and sweet - ly dis - tills in the dew and the rain.
5 Our Ma - ker, De - fend - er, Re - deem - er, and Friend!

Words: Robert Grant (1779-1838) Music: *Hanover*, att. William Croft (1678-1727)

Opening Sentences*

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and forever. Amen.**

Celebrant Let us pray together:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Song of Praise*

Glory to God

My Heart Sings Out 11

Cantor

Glo-ry to God, glo-ry to God, glo - ry in the high - est!

Congregation

Glo-ry to God, glo-ry to God, glo - ry in the high - est!

Cantor *Congregation*

To God be glo-ry for-ev - er! To God be glo-ry for-ev - er!

Al - le - lu - ia! A - men! Al - le - lu - ia! A - men!

Group 1

Al - le - lu - ia! A - men! Al - le - lu - ia! A - men!

Al - le - lu - ia! A - men!

Group 2 Al - le - lu - ia! A - men! *Group 3* Al - le - lu - ia! A - men!

Al - le - lu - ia! A - men! Al - le - lu - ia! A - men! _____

Al - le - lu - ia! A - men! Al - le - lu - ia! A - men! _____

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Collect of the Day*

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Readings

The First Reading

2 Kings 4:42-44

A reading from the second book of the Kings.

A man came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, "Give it to the people and let them eat." But his servant said, "How can I set this before a hundred people?" So he repeated, "Give it to the people and let them eat, for thus says the LORD, "They shall eat and have some left.'" He set it before them, they ate, and had some left, according to the word of the LORD.

Hear what the Spirit is saying to God's people.

Thanks be to God.

The Response

Psalm 145:10-19

Our response is a portion of Psalm 145 and we will read it responsively.

All your works praise you, O LORD, *
and your faithful servants bless you.

**They make known the glory of your kingdom *
and speak of your power;**

That the peoples may know of your power *
and the glorious splendor of your kingdom.

**Your kingdom is an everlasting kingdom; *
your dominion endures throughout all ages.**

The LORD is faithful in all his words *
and merciful in all his deeds.

**The LORD upholds all those who fall; *
he lifts up those who are bowed down.**

The eyes of all wait upon you, O LORD, *
and you give them their food in due season.

**You open wide your hand *
and satisfy the needs of every living creature.**

The LORD is righteous in all his ways *
and loving in all his works.

**The LORD is near to those who call upon him, *
to all who call upon him faithfully.**

The Epistle

Ephesians 3:14-21

A reading from the letter of Paul to the Ephesians.

I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Gospel Hymn* *Break thou the bread of life* **Lift Every Voice and Sing II 146**

1. Break thou the bread of life, Dear Lord, to me,
2. Bless thou the truth, dear Lord, To me, to me,
3. Teach me to live, dear Lord, On - ly for thee,

The image shows the musical notation for the hymn 'Break thou the bread of life'. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature is three flats (B-flat, E-flat, A-flat) and the time signature is 2/2. The melody is written in the treble staff, and the bass line is in the bass staff. The lyrics are written below the treble staff, with three verses provided. The first verse is '1. Break thou the bread of life, Dear Lord, to me,'. The second verse is '2. Bless thou the truth, dear Lord, To me, to me,'. The third verse is '3. Teach me to live, dear Lord, On - ly for thee,'. The music is a simple, hymn-like melody with a steady rhythm.

1. As thou didst break the loaves Be - side the sea;
 2. As thou didst bless the bread By Gal - i - lee;
 3. As thy dis - ci - ples lived in Gal - i - lee;

1. Be - yond the sa - cred page I seek thee, Lord;
 2. Then shall all bond - age cease, All fet - ters fall,
 3. Then, all my strug - gles o'er, Then, vic - t'ry won,

1. My spir - it pants for thee, O liv - ing word!
 2. And I shall find my peace, My all in all.
 3. I shall be - hold thee, Lord, The liv - ing one.

The Gospel*

John 6:1-21

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he

looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

The Gospel of the Lord.
Praise to you, Lord Christ.

Homily

The Rev. Canon Martha L. Hubbard

The Nicene Creed*

Let us affirm our faith in God.

**We believe in one God, the Father, the Almighty,
maker of heaven and earth,**

of all that is, seen and unseen.

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,

and was made truly human.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit,

the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son

He is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come.

Amen.

The Prayers of the People*

Leader In peace, we pray to you, Lord God.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Michael, our Presiding Bishop; Alan and Gayle our bishops; Martha, our Regional Canon; Sarah our Priest, our Parish Staff and all who minister in Christ, for the Parishes of the Mystic Valley Deanery; Church of the Good Shepherd, Reading; St. John's Church, Saugus; Emmanuel Church, Wakefield; The Third Order, Society of St. Francis.

For all who serve God in his Church.

For the special needs and concerns of this congregation especially Elvy and family, Jo-Anne, Johanna and family, Mildred's Family, Maura, Alice, James, Dave, Janet, Sally, Steve, David, Bianca, Justin, Alexandria, Hilda, John, Kyna, Eleanor, the Hicks Family, Mary, Cynthia,

Jennie, Brad, Karen, Doug, Frank, Ginny, Tiffany, Dan and the girls,
Cindy's mother Ginny and Bruno.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life. (The people
share their prayers of thanksgiving.) We will exalt you, O God our
King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in
your eternal kingdom.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

Almighty God, our heavenly Father, graciously comfort your servant
Sarah in her suffering, and bless the means made use of for her cure.
Fill her heart with confidence that, though at times she may be afraid,
she may yet put her trust in you; through Jesus Christ our Lord.
Amen.

This is another day, O Lord. We do not know what it will bring forth,
but make us ready, Lord, for whatever it may be. If we are to stand
up, help us stand bravely. If we are to sit still, help us sit quietly. If
we are to lie low, help us to do it patiently. And if we are to do noth-
ing, let us do it gallantly. Make these words more than words, and
give us the spirit of Jesus. **Amen.**

Let us confess our sins against God and our neighbor.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;**

**we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us;
 that we may delight in your will,
 and walk in your ways,
 to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace*

The peace of the Lord be always with you. **And also with you.**

Liturgy of the Table

Offertory Sentence*

Walk in love as Christ loves us, and offered himself for us, an offering and sacrifice to God!

Offertory Anthem *As those of old their first fruits brought* **Hymnal 705**

1 As those of old their first fruits brought of vine - yard, flock, and
 *2 A world in need now sum - mons us to la - bor, love, and
 3 With grat - i - tude and hum - ble trust we bring our best to

field to God, the giv - er of all good, the
 give; to make our life an of - fer - ing to
 thee to serve thy cause and share thy love with

source of bount-eous yield; so we to - day our
 God that all may live; the Church of Christ is
 all hu - man - i - ty. O thou who gav - est

first fruits bring, the wealth of this good land, of
 call - ing us to make the dream come true: a
 us thys - elf in Je - sus Christ thy Son, help

farm and mar - ket, shop and home, of mind, and heart, and hand.
 world re - deemed by Christ - like love; all life in Christ made new.
 us to give our - selves each day un - til life's work is done.

Words: Frank von Christierson (b. 1900), alt. Copyright ©1961 by The Hymn Society of America. Music: *Forest Green*, English melody; adapt. and harm. Ralph Vaughan Williams (1872-1958) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

At the Presentation*

Hymnal 380, vs.3

Praise God, from whom all blessings flow;
 praise him, all creatures here below;
 praise him above, ye heavenly host:
 praise Father, Son, and Holy Ghost.

The Great Thanksgiving (Eucharistic Prayer C)*

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give God thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us.

By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus*

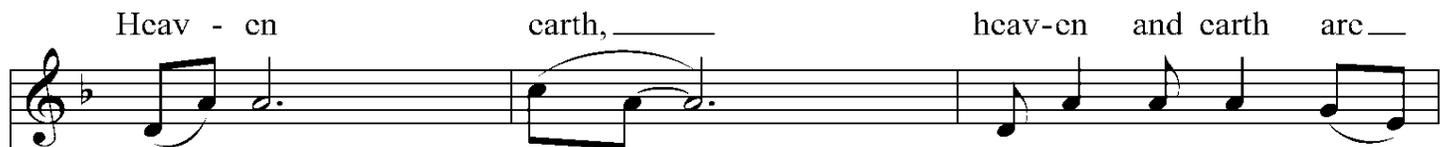
Holy. Holy, Holy Lord

My Heart Sings Out 37

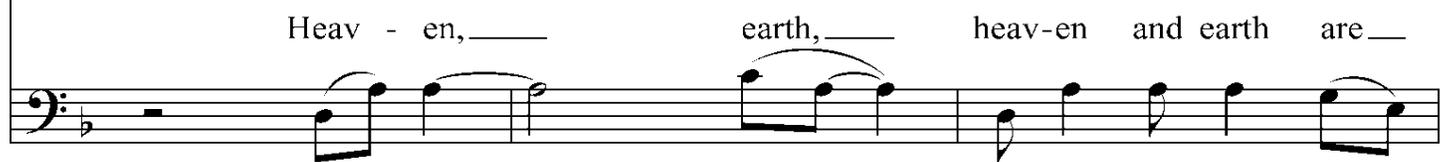
Ho - ly, ho - ly, ho - ly Lord God of power and might.

Ho - ly, — ho - ly, ho - ly Lord God of power and might.

Heav - en carth, _____ heav-en and earth are _____



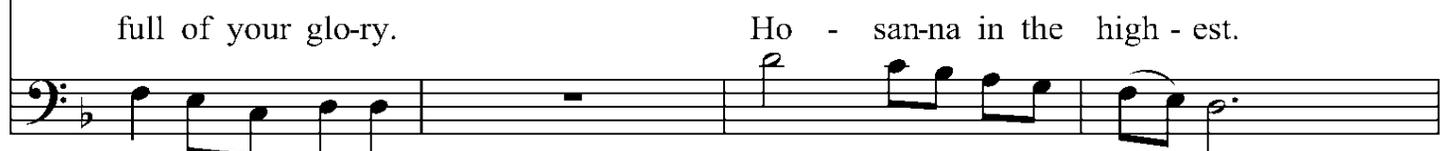
Heav - en, _____ earth, _____ heav-en and earth are _____



full of your glo-ry. Ho - san-na in the high - est. Ho - san-na in the



full of your glo-ry. Ho - san-na in the high - est.



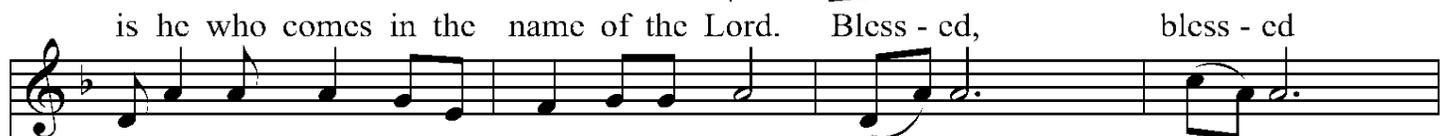
high - est. Bless - ed, bless - ed



Ho - san-na in the high - est. Bless - ed, _____ bless - ed



is he who comes in the name of the Lord. Bless - ed, bless - ed



is he who comes in the name of the Lord. Bless - ed, _____ bless - ed

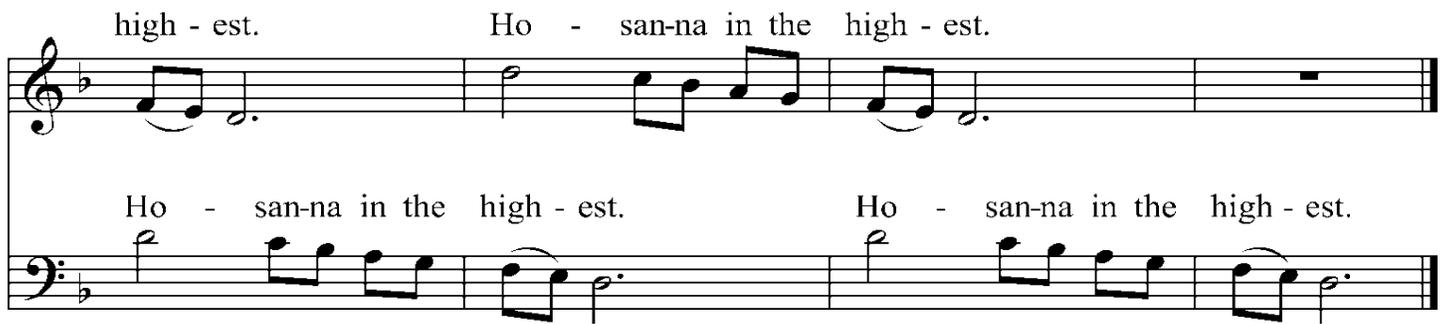


is he who comes in the name of the Lord. Ho - san-na in the



is he who comes in the name of the Lord.





Words: from The Book of Common Prayer (1979) of the Episcopal Church USA.
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And so, Our Creator, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,
as we await the day of his coming.**

Lord God of our Fathers and Mothers: God of Abraham, Isaac, and Jacob; God of Sarah, Ruth and Mary; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in

Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, O God, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior
Christ has taught us,
we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

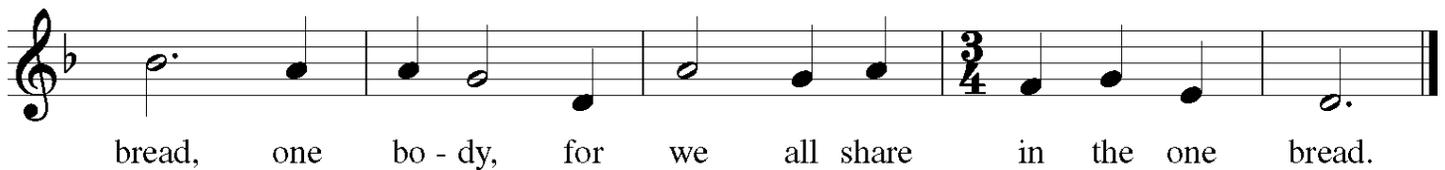
**For thine is the kingdom,
and the power, and the glory, for ever and ever.**

Amen.

Fraction Anthem* *The bread which we break* **Wonder Love and Praise 867**

The bread which we break is a shar - ing in the
Bo - dy of Christ. We be - ing ma - ny are one

The image shows two staves of musical notation in G major. The first staff is in 4/4 time and contains the melody for the first line of lyrics. The second staff is in 3/4 time and contains the melody for the second line of lyrics. The lyrics are: 'The bread which we break is a shar - ing in the Bo - dy of Christ. We be - ing ma - ny are one'.



Distribution of Communion

(All are invited to receive communion. Please remain in your seat until directed by an Usher. Then proceed down the center aisle to the priest. After receiving, return to your seat by walking down the outside aisle to your right, by the windows.)

Communion Music

Postcommunion Prayer*

Let us pray.

**God of abundance, you have fed us
with the bread of life and cup of salvation;
you have united us with Christ and one another;
and you have made us one with all your people
in heaven and on earth.**

**Now send us forth in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever in the risen life of Christ our Savior. Amen.**

Blessing

The Lord bless you and keep you.

Amen.

The Lord make his face to shine upon you, and be gracious to you.

Amen.

The Lord lift up his countenance upon you, and give you peace.

Amen.

The Lord God Almighty, Father, Son, and Holy Spirit, the holy and undivided Trinity, guard you, save you, and bring you to that heavenly City, where he lives and reigns for ever and ever.

Amen.

Closing Hymn* *God, my King, thy might confessing*

Hymnal 414

1 God, my King, thy might con - fess - ing, ev - er will I
 2 Hon - or great our God be - fit - teth; who his ma - jes -
 3 They shall talk of all thy glo - ry, on thy might and
 4 Nor shall fail from mem - ory's trea - sure works by love and
 5 Full of kind - ness and com - pas - sion, slow to an - ger,

1 bless thy Name; day by day thy throne ad - dress - ing,
 2 ty can reach? Age to age his works trans - mit - teth,
 3 great - ness dwell, speak of thy dread acts the sto - ry,
 4 mer - cy wrought, works of love sur - pass - ing mea - sure,
 5 vast in love, God is good to all cre - a - tion;

1 still will I thy praise pro - claim.
 2 age to age his power shall teach.
 3 and thy deeds of won - der tell.
 4 works of mer - cy pass - ing thought.
 5 all his works his good - ness prove.

6 All thy works, O Lord, shall bless thee;
 thee shall all thy saints adore:
 King supreme shall they confess thee,
 and proclaim thy sovereign power.

Words: Richard Mant (1776-1848); para. of Psalm 145:1-12. Music: *Stuttgart*, melody from *Psalmodia Sacra, oder Andächtige und Schöne Gesänge*, 1715; adapt. and harm. William Henry Havergal (1793-1870), alt.; desc. John Wilson (b. 1905) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

Dismissal*

Alleluia!! Alleluia!! Let us go forth into the world to love and serve the risen Christ.

Thanks be to God! Alleluia!! Alleluia!!

Voluntary

ANNOUNCEMENTS

ACAT News: *Applications due by July 25!!* ACAT Summer Theatre Workshop, featuring *Roald Dahl's Willy Wonka KIDS!* August 9-13, Monday through Thursday 9am -3pm, and Friday 9am-5pm with the show at 5:00pm. Please contact Dr. Janet for more info and a registration form. We will need volunteers to help, so please consider joining us for a fun week of acting, dancing and crafts. **Fall:** Regular school-year ACAT starts in-person on September 23. Applications are now available! Ask Dr. Janet.

Dinah's House: Jewelry Making class starts in August. Please contact Angela Soto for more information: asoto@urbanbridgesinc.org.

Confirmation class: On October 3, 2021, Bishop Gayle Harris will be visiting Trinity. Trinity is happy to announce that the Bishop will be confirming teens, adults who desire to be received into the church and adults who would like to renew their Baptismal Covenant. Trinity Church is inviting all those who would like to learn more to a meeting to be held August 15, 2021, after our Sunday worship service. Please let our parish administrator know if you are interested at admin@trinityhaverhill.org

Contact Information

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